

facts about...

Laboratory - Post Vasectomy

Description: Your doctor has requested a post vasectomy analysis. Refer to Specimen Collection Instructions listed below.

Specimen Collection Instructions: It is recommended that this procedure be performed at least 10 weeks post procedure and collected following a minimum 72-hour period of abstinence. The most satisfactory specimen is one collected by masturbation. The specimen must be collected without the use of a lubricant or other contaminant.

The specimen should be collected in a clean glass or plastic container and must be labeled with the patient's full name, date of birth and the time the specimen was collected. Collection containers may be obtained from your physician's office.

When collected at home or in the physician's office, **the specimen should be delivered within 1 hour of collection** to one of the hospital outpatient laboratories listed in the "Where to go:" section.

During transport to the hospital the specimen should be kept in the shirt pocket close to your body to help maintain a warm temperature (68-104°F or 20-40°C). The specimen should never be exposed to cold or refrigerated temperatures.

Where to go: This test is **ONLY** available at the following Laboratories by appointment
Evanston, Glenbrook, Highland Park, Skokie ACC
Monday through Friday (exception of holidays) between the hours of 9a-1p

Who to call if you have questions: To schedule an appointment go to NorthShoreConnect (www.northshoreconnect.org) or call 847.663.2100 and follow the prompts.

Prior to dropping off the specimen at the hospital outpatient laboratory, you will need to go to one of the Central Registration desks at those sites. You will be asked to provide a physician order and billing and insurance information.

Follow your doctor's instruction about how to obtain your results. Results are best provided to you by your physician, who can discuss, interpret and correlate your test results with your clinical conditions and symptoms.

You may obtain your results either by:

Online: NorthShoreConnect (www.northshoreconnect.org)

In-Person: Must bring a signed photo ID and complete a Release of Confidential Information form at one of the Hospital Laboratory locations