

facts about...

Laboratory - Post Vasectomy

- Description:*** Your doctor has requested a post vasectomy analysis. Refer to Specimen Collection Instructions listed below.
- Specimen Collection Instructions:*** It is recommended that this procedure be performed at least 10 weeks post procedure and collected following a minimum 72-hour period of abstinence. The most satisfactory specimen is one collected by masturbation. The specimen must be collected without the use of a lubricant or other contaminant. The specimen should be collected in a clean glass or plastic container and must be labeled with the patient's full name, date of birth and the time the specimen was collected. Collection containers may be obtained from your physician's office. When collected at home or in the physician's office, the specimen should be delivered within 1 hour of collection to one of the hospital outpatient laboratories listed in the "Where to go:" section. During transport to the hospital the specimen should be kept in the shirt pocket close to your body to help maintain a warm temperature (68-104°F or 20-40°C). The specimen should never be exposed to cold or refrigerated temperatures.
- Where to go:*** This test is offered at the Evanston, Glenbrook, Highland Park and Skokie Hospital Laboratories by appointment. This test is only available Monday through Fridays with the exception of holidays between the hours of 9:00AM and 1:00PM by appointment only. To schedule an appointment, please call 847-663-2100 option 4. Prior to dropping off the specimen at the hospital outpatient laboratory, you will need to go to one of the Central Registration desks at those sites. You will be asked to provide a physician order and billing and insurance information.
- Who to call if you have questions:*** Follow your doctor's instruction about how to obtain your results. Results are best provided to you by your physician, who can discuss, interpret and correlate your test results with your clinical conditions and symptoms. You may obtain your own results via:
- Online: Go to www.northshoreconnect.org for NorthShore Connect sign-up and access.
 - Directly from the Lab: Bring a photo ID with signature to the laboratory and complete a Release of Confidential Information form. You must do this in person.